



Diocesan Behavioral Health Conference

2025

Theme: “Community”. Key to Resilience and Mental Wellness and Health.

Thursday, May 15, 2025 – Riverside Vicariate (St Catherine Parish, Riverside)

Thursday, May 22, 2025 - Hemet Vicariate (St. Christopher Parish, Moreno Valley)

Thursday, May 29, 2025 - Low Desert Vicariate (Our Lady of Perpetual Help Parish, Indio)

\$15 for Lunch

Scan to register



Time:

8.30am - 2.30pm



Keynote Address: The impacts of Strong Social Connections and Community to Mental Wellness and Health - Rev. Ben Nwachukwu-Udaku, PhD

Morning Workshops



Topic: The Impacts of Unstable Family Situations on the Mental Wellbeing of Children, Youths and Young Adults—
Mario O. Martinez, PsyD
(Traducción simultánea en español)

Topic: A look Into Bullying and Physical Violence in Schools and Society in General— Maria Magdalena Cantu-Romo , MTh, LFMT, MS
(Solo en inglés)



Afternoon Workshops



Tema: "Explorando la relación entre el estigma de la salud mental y el aumento de los desafíos y delitos relacionados con la salud mental" - Rev. Juan Sandoval
(Only in Spanish)

Topic: Understanding Migration Trauma and it's Psychological Impact on Migrants—Ernelyn Navarro, DM, LCSW, BCC
(Traducción simultánea en español)

